

# Parents, Pooches & Natural Health



What every parent needs to know to have a happier household.

An insightful seminar presented by three respected experts in their field each sharing their in-depth knowledge to help parents, their babies and canine companions.

This is the first time a seminar of this nature has been presented to the public in Perth, all in the interest of increasing safety awareness with dogs and babies, improving your well-being and that of your baby and pet.

*If you're a new parent and dog owner and are looking at creating more harmony in your household, you can't afford to miss this important event.*

It can make a difference between a happy household and one that creates distress for you and your family.

This half day seminar will fill quick and numbers are strictly limited to allow for attendee participation.



## Location

Stirling Business Centre  
45 Delawney St, Balcatta

## When

Saturday, 30 March 2019

## Programme

- 8.30am **Registration**
- 9.00am - 10.00am  
**Kathy Kopellis McLeod** - *Introducing your dog to your baby.*
- 10.00am - 10.20am **Morning Tea**
- 10.30am - 11.30am  
**Lucy Brown** - *Benefits of baby massage and use of natural oils.*
- 11.40am - 12.30pm  
**Gayle Barville** - *How the benefits of Reiki can help you and your pets well being.*

## Price

\$189 inc gst

**Free gift to all attendees!**

A copy of Kathy's book "How to Introduce Your Dog to Your Baby".

Tickets available at  
eventbrite.com.au

 eventbrite



## Enquiries

Phone Kathy 9345 5277  
kathy@kathysdogtraining.com.au

What every parent needs to know to have a happier household.

## Pooches

### Kathy Kopellis McLeod



Dubbed *Perth's Dog Whisperer* by media outlets across Western Australia where she lives, Kathy Kopellis McLeod is a well-respected Dog Behaviour Consultant who has been active in the industry for more than 25 years.

Her expertise is widely sought out to tackle a range of dog behaviour problems. In particular, Kathy has become the 'go to' person for parents needing help with anti-social dogs and those with serious behaviour issues.

Credited with introducing Perth's first classes specifically designed for reactive and/or aggressive dogs (Reactive Rover®), Kathy is often called upon by experienced dog trainers, veterinarians and vet nurses with their own dogs.

Using dog and people-friendly behaviour modification strategies, a great majority of her work comes from vet clinics and the referrals of previous and existing clients, meaning her services are in demand across Australia and overseas.

## Natural Health

### Gayle Barville



Gayle from Chakra Harmony is a qualified Usui Reiki Master and Reiki teacher, with her own practice in Hillarys. Not only does she work with people but she also delivers a mobile Animal Reiki service by which she attends the clients home for the consultation. This service offers much comfort to owners and to anxious and ageing pets.

Having supported dog shelters, in a voluntary capacity, working with rescue dogs who have been abandoned or abused, Gayle's Reiki sessions with the rescues have helped to ease many emotional stresses enabling a number of dogs, who had major stress related issues, regain trust and be re-homed.

Gayle's background is from within the mental health and disability sector, providing support and coordination roles. It was through her many years of experience within disabilities that Gayle recognised how the benefits of Reiki would help her disability clients. Through her Reiki sessions she has assisted many of her clients reduce anxiety and stress levels. Reducing stress levels aids and promotes overall better mental, physical and emotional health.

If you are drawn to learning Reiki, Gayle teaches all

levels of Reiki on a 1:1 basis or in intimate groups no larger than 4 people. Learning 1st Degree Reiki is the beginning of your self care journey. Gayle's passion is to be of service to as many people and pets as possible by introducing self care through Reiki.

## Parents

### Lucy Brown



Lucy Brown from Baby Massage Perth is a Certified Infant Massage Instructor through IMIS and the founder of Baby Massage Perth.

Baby Massage Perth offers the most up-to-date natural health benefits to infants by using massage.

Lucy comes from a corporate background, is a mother herself, studied natural health which lead her onto teaching how parents can overcome the most common problems such as sleep, crying, constipation, wind, reflux, colic, immunity plus lots more via learning the correct techniques of baby massage.

Baby Massage Perth Classes range from newborns to infants and is a life skill that can be used into schooling years.

It's incredibly bonding and relaxing to both parent and child. Even Dads, Grandparents and caregivers learn and massage too.

Lucy also offers an online private Baby Massage Perth Group for her attendees of classes where within this group valuable parenting information and tips, support and friendships are made.

Often parents ask Lucy how to introduce their dogs to their newborn when bringing them home from hospital. Lucy covers the use of essential oils, some tricks and tips and how important the first introduction is to your dog, often the first furbaby.

Come and discover the magic of Baby Massage with Baby Massage Perth.

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Book Now at [eventbrite.com.au](https://www.eventbrite.com.au)